

Carol Janssen - Instructor



ZUMBA®

MONDAYS at CLASS ACT DANCE



ZUMBA®
fitness

Monday Morning

ZUMBA®

8:30 - 9:30 a.m.

Shake, shimmy and salsa
your way to feeling great!

Monday Evening

ZUMBA TONING®
6:30-7:30 p.m.

High energy cardio
combined with body-
sculpting creates
one wildly effective
and fun workout!



ZUMBA®
toning

Information on more
North County classes:
www.pasorobleszumba.com