



Pre-Pointe

Placement (evaluation required)

About this Class

This class is designed for the level 3 ballet dancer. Dancer's not en pointe yet will use this class to build strength to prepare them for pointe when their body is ready for the challenge. New pointe dancers will use this class to begin their pointe training. Returning level 3 pointe dancers will use this class to advance them into the next level.

This class supports:

- Continued development of foot and ankle strength, alignment, balance, and control
- Core strength and technique required for pointe

2026/27 Season - Class Offerings

- Thursday 7:00-7:30 with Mrs. Cheryle



Scan here to visit our dress code store! Ballet items include:

Tights: light pink or skin tone

Leotard: black

Shoes: light pink or skin tone

Boys: solid colored white shirt, leggings or black dance pants