



Ballet 1

Placement (evaluation required)

About this Class

Ballet 1 builds on the fundamentals introduced in Pre-Ballet, offering dancers a deeper understanding of classical technique and form. This class lays the groundwork for long-term ballet training by focusing on clarity, alignment, and proper execution of movement.

This class supports:

- Refine posture and body awareness
- Expand ballet vocabulary
- Develop strength, coordination, and musicality

2026/27 Season - Class Offerings

- Tuesday 3:30-4:30pm with Ms. Myra
- Thursday 3:30-4:45pm with Mrs. Cheryle



Scan here to visit our dress code store! Ballet items include:

Tights: light pink or skin tone

Leotard: black

Shoes: light pink or skin tone

Boys: solid colored white shirt, leggings or black dance pants

805-239-3668

info@classactdance.com

www.classactdance.com

1324 Vendels Circle
Suite 101 Paso Robles CA