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1324 Vendels Circle
Suite 101 Paso Robles CA

Adult Ballet

Ages 18+ years

About this Class

This class is perfect for adults 18+ who are new to dance or are looking to refine their skills. Dancers will learn the fundamentals of ballet, starting at the barre and progressing to center work and across-the-floor combinations. This class offers a supportive space to learn, move, and grow—no prior experience needed!

This class supports:

- Dancers new to ballet
- Current ballet students seeking extra training
- Jazz, contemporary, or acro dancers needing a technique prerequisite

2026/27 Season - Class Offerings

- Saturday 9:30-11:00am with Mrs. Rachel



Our adult do not require a specific dress code. We encourage dancers to wear whatever they are most comfortable in, whether that is a leotard and tights or leggings and a t-shirt.