



Darby's Dancers

Open to all ages!

About this Class

Darby's Dancers is an inclusive dance program designed for dancers of diverse abilities who benefit from additional support. Through movement, music, and creative expression, dancers build confidence, coordination, strength, and friendships in a supportive environment where every dancer is celebrated.

This class supports:

- Social connection and friendship
- Coordination and balance
- Classroom connection and participation
- Confidence in group settings
- Musicality and rhythm

2026/27 Season - Class Offerings

- Monday 4:30-5:30pm with Mrs. Theresa
- Class operates on a 6-week basis



Our adult do not require a specific dress code. We encourage dancers to wear whatever they are most comfortable in, whether that is a leotard and tights or leggings and a t-shirt.