



Acro 2

Ages 9 - 12 years

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About this Class

This intermediate class begins with Level 2 of the Acrobatic Arts syllabus and progresses through Levels 3 and 4. Dancers will continue developing strength, flexibility, balance, coordination, and control while advancing skills such as handstands, bridges, walkovers, balances, and connected acro sequences.

This class supports:

- More challenging acro skills and transitions
- Increased focus on core strength and alignment
- Versatile movement tools for jazz, hip hop, modern, and contemporary styles

2026/27 Season - Class Offerings

- Monday 3:45-4:30pm with Mrs. Rachel



Scan here to visit our dress code store! Acro items include:

Shorts: SL225

Pants: Leggings

Shirt: Age appropriate, no graphics